

MATERNITY NICOTINE REPLACEMENT GUIDE

HOW MANY CIGARETTES DO THEY SMOKE PER DAY?

LOW

MODERATE

HIGH



HAVE YOU OFFERED AND PRESCRIBED NRT?

Always ensure you have checked all cautions & contraindications as per BNF: Nicotine

LOW ADDICTION / RAPID ACTION

PATCH + RAPID ACTION

- Nicotine Patches 10mg / 16 hour



- Nicorette inhalator 15mg cartridge



- Quick Mist 1mg



- Lozenge 1mg



UP TO
10



MODERATE ADDICTION

PATCH + RAPID ACTION

- Nicotine Patches 15mg / 16 hour



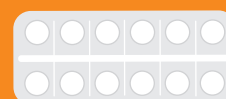
- Nicorette inhalator 15mg cartridge



- Quick Mist 1mg



- Lozenge 2mg



11-20



HIGH ADDICTION

PATCH + RAPID ACTION

- Nicotine Patches 25mg / 16 hour



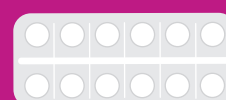
- Nicorette inhalator 15mg cartridge



- Quick Mist 1mg



- Lozenge 4mg



20+



REMEMBER TO REFER TO THE **MATERNITY TOBACCO DEPENDENCY TREATMENT TEAM** FOR DEDICATED ADVICE AND SUPPORT TO STAY SMOKEFREE THROUGHOUT PREGNANCY.